



Holy Trinity Orthodox Church

Sun, July 26th, 2020 - The Blind and the Mute

7th SUNDAY AFTER PENTECOST — Tone 6. Repose of St. Jacob (Netsvetov), Enlightener of the Peoples of Alaska (1864).



Hymns for Today

The Angelic Powers were at Thy tomb; the guards became as dead men. Mary stood by Thy grave, seeking Thy most pure body. Thou didst capture hell not being tempted by it. Thou didst come to the Virgin, granting life. O Lord, Who didst rise from the dead, // glory to Thee.

O righteous Father Jacob, adornment of Atka and the Yukon Delta; thou didst offer thyself as a living sacrifice to bring light to a searching people. Offspring of Russian America, flower of brotherly unity, healer of sickness and terror of demons: O Holy Father Jacob, // pray to Christ God that our souls may be saved!

When Christ God the Giver of Life, raised all of the dead from the valleys of misery with His mighty hand, He bestowed resurrection on the human race. // He is the Savior of all, the Resurrection, the Life, and the God of all.

O Holy Father Jacob, teacher of the knowledge of God, thou didst reveal thy love for thy people, taking up thy cross and following Christ, enduring hardships like the

Apostle Paul. Pray on our behalf to Christ our God // to grant us great mercy!

Epistle Reading - Romans 15:1-7

We then who are strong ought to bear with the scruples of the weak, and not to please ourselves. Let each of us please his neighbor for his good, leading to edification. For even Christ did not please Himself; but as it is written, "The reproaches of those who reproached You fell on Me." For whatever things were written before were written for our learning, that we through the patience and comfort of the Scriptures might have hope. Now may the God of patience and comfort grant you to be like-minded toward one another, according to Christ Jesus, that you may with one mind and one mouth glorify the God and Father of our Lord Jesus Christ. Therefore receive one another, just as Christ also received us, to the glory of God.

Gospel Reading - Matthew 9:27-35

When Jesus departed from there, two blind men followed Him, crying out and saying, "Son of David, have mercy on us!" And when He had come into the house, the blind men came to Him. And Jesus said to them, "Do you believe that I am able to do this?" They said to Him, "Yes, Lord." Then He touched their eyes, saying, "According to your faith let it be to you." And their eyes were opened. And Jesus sternly warned them, saying, "See that no one knows it." But when they had departed, they spread the news about Him in all that country. As they went out, behold, they brought to Him a man, mute and demon-possessed. And when the demon was cast out, the mute spoke. And the multitudes marveled, saying, "It was never seen like this in Israel!" But the Pharisees said, "He casts out demons by the ruler of the demons." Then Jesus went about all the cities and villages, teaching in their synagogues, preaching the gospel of the kingdom, and healing every sickness and every disease among the people.

DEAR GUESTS AND FRIENDS: A most sincere and heartfelt welcome to you from Holy Trinity Orthodox Church. According to the ancient traditions of the Orthodox Church, the Sacrament of Holy Communion is to be administered only to Orthodox Christians who have prepared to receive the Holy Sacrament through prayer and fasting.

THIS WEEK'S SERVICE SCHEDULE

(Sat Vespers & Sun Liturgy livestreamed on Facebook)

TODAY: 8:40 AM Hours, Divine Liturgy @ 9:00 AM

NOTE: *Beginning at 11 AM today there will be cleanup at the Pavillion from our 2020 Food Fest. All help is greatly appreciated.*

SAT, August 1: 5:00 PM Great Vespers

SUN, August 2: 8:40 AM Hours, 9 AM Divine Liturgy

*Thank you to all who helped make
this year's Curbside Food Fest a
huge success!*

PARISH PRAYER LIST

Living: Cynthia Dulsky, Theodore & Elenor Sovryda, Valletta Family, Nadine Breisch, Luke Austin, Rosalie Bagenski, Denise Meck, Sonja & Leanne Kay, Stephen & Mary Krill, Anna Hutz Lahr, Madaline, Brian Cawley, Josie Bissett, Lisa & Scott Harvey, Daniel & Shannon Bissett, Rebecca King, Connie Padrezas, Delores Karas, Antonette Terry, Archpriest Daniel & Matushka Myra Kovalak, Mary DeBenedetto, Violet Filipi, Karl Pfeiffenberger, Lisa Vallone, Christopher Polk, Emma St. Romain & Infant, Catherine, Diane Welgus, Danny Gobish, Lorraine Pace, Anastasia Homick, Camden Misrahi **Departed:** Barbara Clark, Thomas Podalak, Martin Taylor, Dimitrios L., Gregory Gobish, Sky Kincaid, Kelly Purcell, Jerry Raimondi, Devon Nicewicz

Altar Server Schedule

Sunday, July 26th: Alec B, Kaleb D, Andrew C

Sunday, Aug 2: Alex H, Tommy D, Andrew N

Sunday, Aug 9: Christopher D, Symeon C, Ephraim N

The Dormition Fast Begins August 1st

Why a Fast for Dormition?

Every Orthodox Christian is aware and generally knows the reason behind the fasts for Pascha and Christmas. But while they may know of the Dormition Fast, few follow it, and more than a few question why it is there, neither knowing its purpose. First, given the pervasive misunderstanding of the purpose of fasting itself, a refresher on its purpose is always a good idea. There is a perception that we should fast when we want something, as though the act of fasting somehow appeases God, and

seeing us "suffer" gets Him to grant our request. Nothing can be further from the truth. It is not our fasting that pleases God, it is the fruits of our fast (provided we fast in the proper mind set, and do not merely diet) that please Him. We fast, not to get what we want, but to prepare ourselves to receive what God wants to give us. The purpose of fasting is to bring us more in line with another Mary, the sister of Lazarus, and away from their sister Martha, who in the famous passage was "anxious and troubled about many things." Fasting is intended to bring us to the realization of "the one thing needful." It is to help us put God first and our own desires second, if not last. As such it serves to prepare us to be instruments of God's will, as with Moses in his flight from Egypt and on Mt. Sinai, as well as our Lord's fast in the wilderness. Fasting turns us away from ourselves and toward God. In essence it helps us become like the Theotokos, an obedient servant of God, who heard His word and kept it better than anyone else has or could.

So why do we fast before Dormition? In a close-knit family, word that its matriarch is on her deathbed brings normal life to a halt. Otherwise important things (parties, TV, luxuries, personal desires) become unimportant; life comes to revolve around the dying matriarch. It is the same with the Orthodox family; word that our matriarch is on her deathbed, could not (or at least should not) have any different effect than the one just mentioned. The Church, through the Paraklesis Service, gives us the opportunity to come to that deathbed and eulogize and entreat the woman who bore God, the vessel of our salvation and our chief advocate at His divine throne. And as, in the earthly family, daily routines and the indulgence in personal wants should come to a halt. Fasting, in its full sense (abstaining from food and desires) accomplishes this. Less time in leisure or other pursuits leaves more time for prayer and reflection on she who gave us Christ, and became the first and greatest Christian. In reflecting on her and her incomparable life, we see a model Christian life, embodying Christ's retort to the woman who stated that Mary was blessed because she bore Him: blessed rather are those who hear His word and keep it. Mary did this better than anyone. As Fr. Thomas Hopko has stated, she heard the word of God and kept it so well, that she of all women in history was chosen not only to hear His Word but give birth to it (Him). So while we fast in contemplation of her life, we are simultaneously preparing ourselves to live a life in imitation of her. That is the purpose of the Dormition Fast.